



MARYLAND HEALTH PLANS: AREAS THAT NEED IMPROVEMENT

Overall, the health benefit plans continue to perform well when compared to the national average. In fact, rates improved in all areas in comparison to prior years of reporting and areas needing improvement decreased. However, there are still several areas of service that need improvement.

PRIMARY CARE FOR ADULTS— CARDIOVASCULAR AND DIABETES CONDITIONS



Results indicate that members with a diagnosis of AMI have not been receiving persistent beta blocker treatment for six months after discharge.

Measure name:

- Persistence of Beta Blocker Treatment after Heart Attack

PRIMARY CARE FOR ADULTS— MUSCULOSKELETAL DISEASE AND MEDICATION MANAGEMENT



Results show poor performance across all opioid measures where members are showing episodes of new opioid use which puts them at risk of continued opioid use. Members are also showing use of opioids at high dosages or from multiple providers.

Measure names:

- Use of Opioids at High Dosage
- Use of Opioids from Multiple Providers
- Risk of Continued Opioid Use

PRIMARY CARE FOR ADULTS— RESPIRATORY CONDITIONS



Results show that adults were being given antibiotics for bronchitis, which is not recommended within the first few days after diagnosis.

Measure name:

- Avoidance of Antibiotic Treatment in Adults with Acute Bronchitis

PRIMARY CARE AND WELLNESS FOR CHILDREN AND ADOLESCENTS



The results demonstrate that health benefit plans are not providing children who have had two or more antipsychotic prescriptions with necessary metabolic testing.

Measure name:

- Metabolic Monitoring for Children and Adolescents on Antipsychotics

PRIMARY CARE FOR ADULTS— BEHAVIORAL HEALTH



The results show that members with mental illnesses or substance abuse conditions are not receiving the appropriate care following hospitalization.

Measure names:

- Follow-Up After Emergency Department Visit for Mental Illness
- Follow-Up After High-Intensity Care for Substance Use Disorder
- Follow-Up after Emergency Department Visit for Alcohol and Other Drug Dependence

PRIMARY CARE FOR ADULTS— WOMEN'S HEALTH



The results demonstrate that members are not being screened adequately for breast cancer.

Measure name:

- Breast Cancer Screening

*Data analyses and reports were provided by HealthcareData Company, LLC.